

# FAST ALCOHOL SCREENING TEST (FAST) FOR THE DETECTION OF PROBABLE HAZARDOUS DRINKING

For the following questions please circle the answer which best applies.

1 drink = 1 unit = 1/2 pint of beer or 1 glass of wine or 1 single spirits

1. **MEN:** How often do you have **EIGHT** or more drinks on one occasion?  
**WOMEN:** How often do you have **SIX** or more drinks on one occasion?

Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4	SCORE
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Only ask Questions 2, 3 & 4 if the response to Question 1 is "Less than monthly" or "Monthly"

2. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4	SCORE
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3. How often during the last year have you failed to do what was normally expected of you because of drink?

Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4	SCORE
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4. In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

Never 0	Yes, on one occasion 2	Yes, on more than one occasion 4	SCORE
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TOTAL
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If the person scores 3 or above, ask **two consumption** questions to record levels of alcohol use:

- On average how many days of the week do you drink?
- On average how many units of alcohol do you consume?

FAST POSITIVE (Score of 3 or more)	
YES	NO